

## **Safety Guidelines for TK MARTIAL ARTS**

1. Due to the Social Distancing Order, all classes are no more than 9 students per class, **Please sign up for each STUDIO CLASS TIME BY EMAIL.**
2. Temperature check before entering the school.
3. Hand sanitizing before and after class.
4. Wear face mask required (parents, siblings, or guardian)
5. Social distancing is implemented during classes, no contact sparring or hands-on instruction/practice.
6. Only 4 Parents are allowed in the Waiting Area, but we recommend to wait in the car.
7. After each class, we will clean each student's designated workout area, bathrooms, door knobs and the equipment that we used with an EPA approved antibacterial cleaner/spray.
8. At the end of each day, we will do a deep clean of floors, door handles, light switches, sinks, toilets and any equipment, you use an EPA approved antibacterial cleaner/spray.

***We place our students' safety and health as our utmost priority so you can be assured the kids are in a safe place!!***

### **Waiver and Release: COVID 19 information & Liability**

1. Have you had a fever in the past 24 hours above 100 degree F? **Yes No**
2. Do you have or recently had, any of the following symptoms; Cough, Fever, Headache, Loss of Smell, Loss of Taste, Muscle Aches, Shortness of Breath, Sore Throat? **Yes No**
3. Have you been in contact with anyone in the past 14 days that has symptoms or diagnosed with COVID-19? **Yes No**

### **COVID 19 Information**

COVID 19 is a contagious virus that spreads from person to person. In addition to our regular cleaning policies and procedures that TK martial Arts has in place, additional preventive measures are being followed to reduce the spread of this coronavirus. However, please know these best practices still offer no guarantee and there is a potential risk of becoming infected.

### **Consent for TK MARTIAL ARTS**

The member (or guardian on behalf of the member) understands that TK Martial Arts service includes physical touch and close proximity over an extended period of time. Because of this, there may be an elevated risk of disease transmission, including COVID-19. By signing this form, you (member or guardian) acknowledge your awareness of the risks involved and you release and hold harmless this TK Martial Arts from any liability against all claims mentioned and related to receiving this service. You also give the consent to its terms and authorize participation of the service offered.

**Signature of Guardian:** \_\_\_\_\_ **Printed Name:** \_\_\_\_\_

**Signature of Seller:** \_\_\_\_\_ **Date:** \_\_\_\_\_